

OLIVER'S ARMY



Corey Oliver is part of the team at Physical Advantage, a military style boot camp that aims to drag Dubai's population off the couch and into fitness.

The former Australian rugby league player, Ocean Ironman athlete and all-round hard-man – the boot camp's 'commander' – oversees a range of different courses on offer from the Physical Advantages squad, which include personal one-on-one training, military group courses and for the very brave (or stupid), a SAS style, training week course. REMIX gently eased towards uber fit Corey to find out what life was like away from work...

What was the last album you bought? Any good?

Ministry of sound annual 2007, I'm over it already, bring on 2008.

What is your favourite cleaning the house album?

Although I rarely clean the house it would have to be, Nu-funk – a selection of rare electro tunes with a funk flavour.

What film are you most looking forward to, and why?

Oceans 13, because I always wanted to be involved in a heist of great magnitude and the team is committed to making it happen at all costs!

What magazines do you read?

Men's Health, Infusion, Play, Australia's Surfing Life and REMIX, of course.

Which book did you buy but you'll never read?

Richard Branson's autobiography – Losing My Virginity

Which TV show do you never miss?

The Soprano's and The Contender.

Which three websites do you visit the most?

My company website, which is www.physicaladvantage.ae www.myspace.com/militarybootcamp www.dubaicoast.org, which monitors the times and tides of Dubai's coasts.

What's your favourite gadget, and why?

My new HP laptop, because I can block the world out by getting lost in cyberspace and, in turn, it keeps me updated with all that's happening in this crazy world in which we live.

What are you addicted to?

Carrot cake at the Limetree Café, Beach Road, Jumeirah and Natural Confectionary's – Forbidden Fruits ollies.

Tell us a secret...

My girlfriend is a tiger from another life and she roams the urban jungle of Dubai, stalking her prey as she goes along on her carnivorous adventures...

Give us a prediction for the rest of the year ahead...

Physical Advantage Military Bootcamp will have its 10000th recruit graduate to the military rank of commando. Then all those lounge lizards out in Dubai-space will finally look sideways into the vertical mirror and, in panic mode, will adopt a new beginning of wellness, fitness and

