



**Original
Fitness Co.™**

"our aim is your fitness"

New client training requirements

Name	<input type="text"/>
Company	<input type="text"/>
Position	<input type="text"/>
Mobile	<input type="text"/>
Email	<input type="text"/>

Gender
 Male Female

Age Bracket
 16 - 30 31 - 45 46 - 65

Preferred emirate and venue for training:

<input type="radio"/> Dubai	<input type="radio"/> Abu Dhabi
OFC Venue <input type="checkbox"/> Media Rotana - The Greens <input type="checkbox"/> Hercules Gym - Dubai Bowling Centre <input type="checkbox"/> Southridge - Downtown Dubai	OFC Venue <input type="checkbox"/> Aloft Hotel - ADNEC <input type="checkbox"/> Intercontinental Hotel - Abu Dhabi
Your Venue <input type="checkbox"/> Home <input type="checkbox"/> Own Facility <input type="checkbox"/> Office <input type="checkbox"/> Beach <input type="checkbox"/> Park	Your Venue <input type="checkbox"/> Home <input type="checkbox"/> Own Facility <input type="checkbox"/> Office <input type="checkbox"/> Beach <input type="checkbox"/> Park

Your Venue:
Please be specific.

If requesting a commercial venue that ISN'T one of OFC's affiliated sites, the onus is upon the client to organise authorisation to conduct training in that venue.

Generally, private apartment gyms are exempt - please ask for clarification.

Number of training sessions per week?

Preferred training days
 Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Preferred training times

Your Preferred type of exercise, and any other stuff you think we should know at this point...