



Original Fitness Co.™

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JANUARY

DATE	COURSE	LOCATION
5 + 6 + 7	GEL Training	DUBAI
7	ACE Personal Trainer Course (January 7th - April 7th)	DUBAI
13	Sports First Aid	DUBAI
25	BOSU Speciality Certification	DUBAI
26	TRX Suspension Training Course (STC)	DUBAI
27	Trigger Point Performance Certification	DUBAI
28	XLR8 Bronze Certification	DUBAI
29	Emirates Kettlebell Certification	DUBAI

FEBRUARY

DATE	COURSE	LOCATION
2 + 3 + 4	GEL Training	DUBAI
17	TRX Rip Training Course	DUBAI
18	ViPR Live Certification	DUBAI
27 + 28	Advanced Clinical Sports Massage Course	DUBAI

MARCH

DATE	COURSE	LOCATION
1 + 2 + 3	GEL Training	DUBAI
7	Precision Nutrition Certification (Online course)	Middle East
8	TRX Group Suspension Training Course (GSTC)	DUBAI
9+10	Quarterly Workshop 1/2012	UAE
11	Trigger Point Performance Certification	DUBAI
17	Sports First Aid	DUBAI
22	TRX Suspension Training Course (STC)	DUBAI
23	TRX Sports Medicine Course (SMSTC)	DUBAI

APRIL

DATE	COURSE	LOCATION
5 + 6 + 7	GEL Training	DUBAI
14	ACE Personal Trainer Course (April 14th - July 30th)	DUBAI

MAY

DATE	COURSE	LOCATION
3 + 4 + 5	GEL Training	DUBAI
11	ACE University Exam	AUD
12	Sports First Aid	DUBAI

25	ViPR Live Certification	DUBAI
26	TRX Rip Training Course	DUBAI

June

DATE	COURSE	LOCATION
7 + 8 + 9	GEL Training	DUBAI
7	TRX Group Suspension Training Course (GSTC)	DUBAI
8+9	Quarterly Workshop 2/2012	UAE
10	Trigger Point Performance Certification	DUBAI

July

DATE	COURSE	LOCATION
5 + 6 + 7	GEL Training	DUBAI
12	XLR8 Bronze Certification	DUBAI
13	ViPR Live Certification	DUBAI
14	BOSU Speciality Certification	DUBAI
15	Emirates Kettlebell Certification	DUBAI
21	Sports First Aid	DUBAI
26	TRX Rip Training Course	DUBAI

August

DATE	COURSE	LOCATION
2 + 3 + 4	GEL Training	DUBAI
4	ACE Personal Trainer Course (Aug 4th - Nov 25th)	DUBAI
23	TRX Suspension Training Course (STC)	DUBAI
24	Trigger Point Performance Certification	DUBAI
25	TRX Sports Medicine Course (SMSTC)	DUBAI

September

DATE	COURSE	LOCATION
6 + 7 + 8	GEL Training	DUBAI
3	Precision Nutrition Certification (Online course)	Middle East
22	Sports First Aid	DUBAI
13	TRX Group Suspension Training Course (GSTC)	DUBAI
14+15	Quarterly Workshop 3/2012	UAE
16	ViPR Live Certification	DUBAI

October

DATE	COURSE	LOCATION
4 + 5 + 6	GEL Training	DUBAI
11	Trigger Point Performance Certification	DUBAI
12	TRX Suspension Training Course	DUBAI
13	Emirates Kettlebell Certification	DUBAI
14	BOSU Specialty Certification	DUBAI

November

DATE	COURSE	LOCATION
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1 + 2 + 3	GEL Training	DUBAI
23	TRX Rip Training Course	DUBAI
24	XLR8 Bronze Certification	DUBAI

December

DATE	COURSE	LOCATION
6 + 7 + 8	GEL Training	DUBAI
6	TRX Group Suspension Training Course (GSTC)	DUBAI
7 + 8	Quarterly Workshop 4/2012	UAE
9	TRX Sports Medicine Course (SMSTC)	DUBAI
14	ACE University Exam	AUD
15	Sports First Aid	DUBAI
13	TRX Suspension Training Course (STC)	DUBAI
14	Trigger Point Performance Certification	DUBAI
15	Emirates Kettlebell Course	DUBAI